



Bernheim Accessibility Recommendations

Bernheim wants everyone to be able to connect with nature. Though not all of our trails are accessible to people with limited mobility, we hope this list describing some of our trails and points of interest that might be accessible will help find the best areas for your needs and make your Bernheim visit enjoyable.

Trails

Lake Nevin Loop

Distance: 1.3 miles

Terrain: Mostly flat, gravel, one section of natural trail with incline, several wood slat bridges to cross

Accessibility Details: This trail is close to a large parking lot.

Big Prairie Overlook Path

Distance: Less than ¼ mile

Terrain: Paved, slight incline

Accessibility Details: This very short path is a short distance from parking and paved and should be easily accessible to anyone with mobility challenges.

Sun and Shade Loop

Distance: ¾ mile

Terrain: Gravel path, natural trail

Accessibility Details: Half of this trail is mostly flat and gravel and will allow visitors to see some of the highlights of Bernheim's woody plant collection.

Overalls Loop

Distance: ¾ mile

Terrain: Natural terrain, mostly flat

Accessibility Details: This trail is close to Forest Hill Road parking. The trail is mostly flat but the natural trail is narrow.

Arboretum Loop

Distance: 1.5 miles

Terrain: Paved; dedicated hike/bike lane

Accessibility Details: This is the main loop through the Arboretum travels through much of Bernheim's plant and art collection. The road is shared with vehicles with a dedicated hike/bike lane through all but a small section where road traffic is two-way.

Bernheim's Paved Roads

See map link below to see Bernheim's paved road map in addition to the trails. The roads in the Guerrilla Hollow area are flatter than Forest Hill Drive and may be accessible to visitors with mobility challenges.

For further information about trail accessibility, please visit the [trails and maps section of our website](#).

Popular Attractions

Forest Giants

Distance: 2 miles (out and back)

Terrain: Mixed – paved, dirt, some rough terrain

Accessibility details:

- Little Nis is the most accessible
 - Park in the Visitor Center lot and follow yellow footprints to Nis
 - Path is mostly paved, with one wood slat bridge
- Mama Loumari can be accessed with mobility challenges
 - Park in the Sun and Shade Loop lot and follow signs
 - Mama is close to the lot, but the path is primarily uneven terrain – grass, mulch and slightly hilly
- Little Elina is the least accessible
 - Park in areas located by the Sunset Amphitheater
 - Elina is approximately ¼ - ½ mile from parking
 - Path is rough terrain, including gravel, wood slat bridges and natural trail across some slightly steep hills

Canopy Tree Walk

Distance: ¼ mile

Terrain: Paved, wood slats

Accessibility details: The Canopy Tree Walk is a short distance from parking and is mostly flat and paved and should be easily accessible to anyone with mobility challenges.

Edible Garden

Distance: ¼ - ½ mile

Terrain: Primarily paved and flat; one section of gravel

Accessibility details: Located across the street from the Visitor Center parking lot. This area should be easily accessible to anyone with mobility challenges.

Children's Play Garden

Distance: ¼ mile

Terrain: flat, paved, gravel

Accessibility Details: The Children's Play Garden has two dedicated parking lots. There is grass and hilly terrain throughout most of the area, but the paths through it are flat and mostly paved or gravel.

Playcosystem

Terrain: Paved sidewalks

Accessibility Details: Parking is available a short distance away, in the Visitor Center lot.

Lake Nevin Fishing Access

Distance: 900 feet

Terrain: Gravel path

Accessibility Details: The path is smooth, but some small inclines may present challenges for those with limited mobility.

Garden Pavilion/Quiet Garden Landscapes

Distance: ¼ - ½ mile

Terrain: Paved, brick pavers

Accessibility Details: Follow the walkway from Lake Nevin parking lot and follow signs.