

A large, dark green sign with white lettering and a logo, set against a background of tall pine trees. The sign is mounted on a wooden frame. The text on the sign reads "BERNHEIM FOREST" in large, bold, sans-serif capital letters. To the right of the word "FOREST" is a logo consisting of a hexagon containing several stylized tree shapes. Below the main text, in smaller white capital letters, it says "OWNED AND OPERATED BY ISAAC W. BERNHEIM FOUNDATION".

**BERNHEIM  
FOREST**

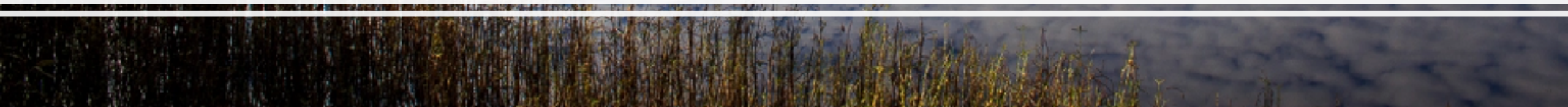
OWNED AND OPERATED BY  
ISAAC W. BERNHEIM FOUNDATION

Bernheim Visit Social Story



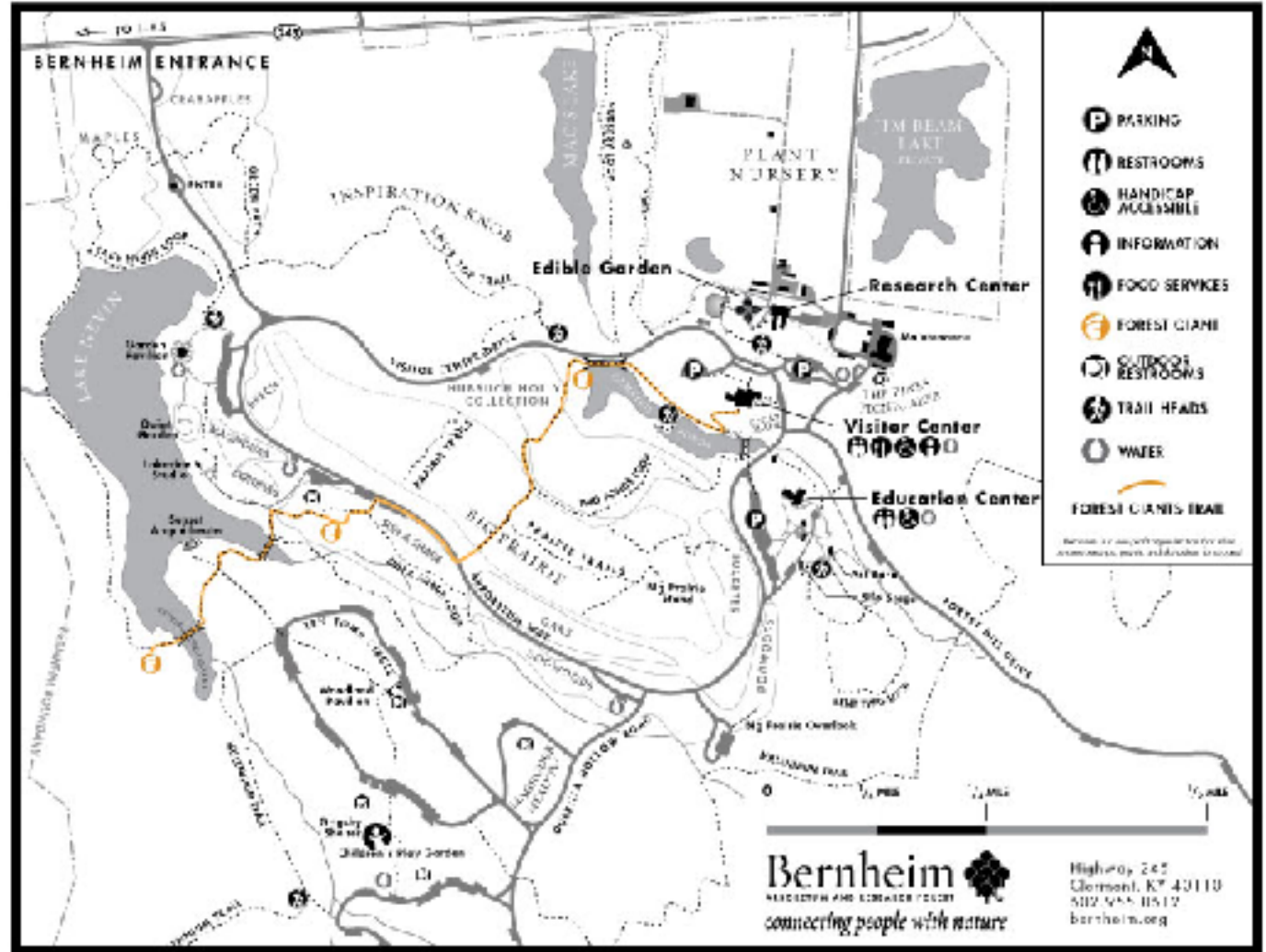


Bernheim Forest is a place with many trails, trees, and natural places to discover.





You will be given a map to help find your way







Some trails go through the woods. Please stay on our trails - it helps us protect nature!







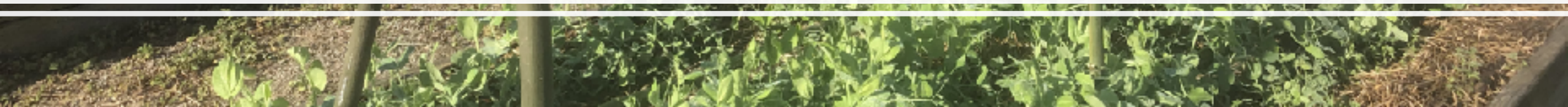
While others may cross creeks. It's ok to get in the creek if you're comfortable!







One will even take you to a garden where food is grown. We grow the food for our cafe, so please don't pick any, but you can get a sandwich at the cafe later!







You may see other people who are exploring as well.





And sometimes there may be many people in one space. Please be patient and let everyone enjoy Bernheim. Just say 'excuse me' if you need to pass someone!





You can create art in the forest with nature items.





Many artists have created their own art here! This is Mama Loumari, one of Bernheim's three Forest Giants. You can visit her up close!





You can go with one of our guides and take hikes to see nature. They know all about the animals and plants, and they love it when you ask questions!





If you want, you can explore the nature you find. Nature comes with all kinds of textures, sounds and smells. Enjoy exploring them — and take a break if you need to!







Just always be kind to the plants and animals you see, and leave things as you find them. Make sure you put your waste in trash or recycling bins. The next person will thank you for being so kind and thoughtful!







The Playcosystem is a fun place to explore and use your imagination.







If you see a naturalist at a Discovery Station, you can talk to them and ask questions.





You will probably see insects.





**Bug spray helps to keep mosquitos and ticks away.**



If it is sunny, you should wear a hat and use sunscreen. Also, wear comfortable shoes for hiking the trails, and comfortable clothes that you don't mind getting dirty.







**And bring water in reusable bottles!**





There are many things to discover at Bernheim, so have fun on your adventures!

